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Upcycling creates eco-friendly punk streetwear with a touch of glamour **P. 20**

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Sending the Movember 'stache out in style at the Moustache Bash **P. 22**



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HOW LAURIER GAREAU
GAINED A PROVINCE
WITHOUT LOSING
HIS LANGUAGE **P. 8**

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Personality playwright Laurier Gervais has written 40 plays in the past three decades and wants fans to savour his heritage in Saskatoon's new go-and-to by Tim Rutledge.

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Expand your wine palate this winter with an Italian pick

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Courtney Lawrence and Brooke Cross wear pieces from Steve Douvan's War Planet collection into their own style to create a badass ready look. QC PHOTO BY MICHAEL BROS

QC COVER PHOTO BY TROY FLEECE

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SHARP EATS

See a food trend you think deserves a highlight? Email qc@leaderpost.com or visit us on Facebook

CHRISTMAS FOOD GIFTS

Six gifts for the foodie on your Christmas list

By Jenn Sharp

It can be tough to buy gifts for foodies.

They turn up their nose as at drapery chocolate and they don't appreciate that foodie restaurant gift certificate you picked up waiting in line at the grocery store.

I'm making foodies sweat subtly but briefly if there are not. They just really care about food. Think about how excited you get when the servers say — that's what food is for when a new restaurant opens and the food is GOOD. That could also be how excited they'll be when you present one of these delectable gifts. I've conveniently found for you.



1. LOCAL HONEY

When you buy honey from local producers the honey options are endless. Plus you're helping support Saskatchewan's bee population. My favourites are Kitako Lake Borage Honey sold at Ingredients At Home Market in Saskatoon and lavender-infused Bee Honey sold at the Regatta Farmers Market.



3. A SET OF ASIAN BOWLS

Fun and whimsical, these bowls will set a foodie's heart aflutter. You foodies love food, but they love the dishes food goes in almost as much. A cute little rice bowl or a big noodle soup bowl! — say one of those for silly will be a hit. Mix and match to find your own unique set of Asian grain or fruit bowls — this one was less than \$20.



2. UNCLE MIKE'S VANILLA OATMEAL FACE BAR

Mike Zimmer launched his all-natural line of body products, made in Saskatoon, in 2006. Everything is made from cold-pressed fruit and vegetable oils, and steam-distilled therapeutic grade essences. For skin. Ray good type to synthetic, harmful chemicals and hello to happy skin. I've been using the 100% natural face bar (which smells good enough to eat by the way) for a week now and have already noticed my skin is clearer, smoother and softer.

Go to www.unclemikes.com to find store locations.



4. OUT OF OLD SASKATCHEWAN KITCHENS

Saskatchewan author Amy Jo Ekman's new book is part cook book, part history book. She gives an introduction to the founding peoples' cultures of Saskatchewan by describing their recipes through their traditional foods.

Like a cup of tea on a cold night, Ekman's writing welcomes you in like a comfortable blanket. It's a book for those of us who were born and raised here, it's a harkening back to a time when you anticipated grandma's Sunday pot roast and mashed potatoes all week.

It's also a book for the person we're welcoming to Saskatchewan. The book is a way to share our culture and an invitation to share theirs, and perhaps even offers the opportunity to create new Saskatchewan kitchens.

SHARP EATS



5. A REALLY NICE KNIFE

Whether almost all factors have to cook, this is probably the best gift you can get them (if your budget allows, of course). A high-quality knife is a foodie in pretty much like diamonds. Undoubtedly some of the finest knives to be found in Canada come from a shop in Calgary called Knife Wear. Co-owner Kevin Kent imports high-performance steel knives made by professional blacksmiths in Japan. I've tried out one of his knives — it barely made a ripple while easily slicing a ripe tomato. Try the Takahara (top picture, \$208), made in Nagatsuta City by female designer Paoon Shikawa, or the Popovers 300 mm (bottom picture, \$304) made by fourth-generation master blacksmiths in Fujiyama san. Both are guaranteed to impress.

Prices range from the accessible to the diamond level, but trust me, these knives will last forever and are worth every cent.

Knife Wear ships to Saskatchewan, order online at: www.knifewear.com



6. POMEGRANATE MOLASSES

That Turkish product has the consistency of syrup but tastes nothing like what you might expect. The stuff is complex and carries the taste long and slightly sweet. I was at a dinner party recently where my friend found this one. He'd been deathly ill but brought packed eggplant back home. I pomegranate molasses. Molasses were forgotten as we ate dried into that level of eggplant.

Highly recommended. I love the stuff, eat some of it to add sweetness and depth to pots of beans and in marinades and braises (try it on your next roast). The favourite use is in a tomato salsa (see the recipe at right). "It makes raw, out of season tomatoes and brightens the glasses in season."

You can find it at any Middle Eastern grocery store, the bottle I picked up was at

halpern@halpernfoods.com
Twitter.com/kevinhalpern

Tomato-Walnut and Cilantro Bruschetta



Based loosely on *mushrooms*, a classic Turkish melish, this spread is spectacular on simple grilled bread, as a lunch or an appetizer. It works equally well as a sauce for grilled or roasted fish. In corn season, add a handful of grilled or roasted corn kernels to the mix. Yum. Yum!

INGREDIENTS

- > 2 c. (250 mL) fresh walnut halves
- > 2 c. (250 mL) dried ripe tomato
- > 2 tbsp. (30 mL) pomegranate molasses
- > 2 tsp. (10 mL) minced red ground onion
- > 2 Tbsp. (30 mL) sun-dried tomato
- > 1/2 cup (125 mL) extra virgin olive oil
- > 2 tbsp. (30 mL) minced cilantro
- > 2 tbsp. (30 mL) minced chives
- > 1/2 cup (125 mL) extra virgin olive oil

- > Chilly short bread for the grill
- > Olive oil for drizzling

METHOD

1. Preheat the oven to 300 F.
2. Put the walnuts on a baking sheet in a shallow layer and toast them for 10 minutes. Remove from the oven and cool thoroughly then chop with a knife. Set aside.
3. Whisk together the tomato and pomegranate molasses; then stir in the onion, sun-dried tomato, olive oil and garlic clove. Add the mix, whisking well. Stir in the cilantro, walnuts and hot chives. Set aside.
4. Brush the sliced bread with olive oil. Grill. Remove from heat, garnish with sauce and serve immediately. Serves 4.

Recipe reproduced with permission from *Rooted: An Ethnic Alberta Alphabet* by Ann Halpern Smith

IN THE CITY

NOVEMBER 28, 2014 — 7:10 P.M.

A cut above



Nicole Durkin (right) has her head shaved to support her friend and cancer patient Finde Miller (left) at Salon360, which has set up a GoFundMe campaign. [gc.msn.com/leonistatice](#)

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ON THE COVER

A lot of them are very quick to identify themselves to the Fransaskois community, which I think is very good. —Laurier Gareau

#FRANSASKOIS CULTURE

Theatre, history passions for Gareau

By Ashley Martin

Luckily for theatre lovers in Saskatchewan, Laurier Gareau's career as a radio journalist was short-lived.

The Fransaskois playwright has written 40 plays in the past three decades. But after completing his bachelor's degree in history at Collège Saint-Jean in St-Jovite, 40-year-old Gareau travelled to Quebec City to begin a four-year journalism course at Université Laval in 1974. He wanted to be a reporter for Radio-Canada.

The Quebec residency didn't last long. He dropped out after one semester and landed a job interview.

He was hired for Job 7 in English, but not for on-air work. He was told his "hard western American" accent wouldn't fly with listeners.

But eventually after plugging away as a researcher, writer, translator and — finally — reporter, he realized journalism wasn't for him. The aspiring playwright changed paths again and didn't look back.

In 1988, with a bachelors' degree in fine arts from the University of Alberta, Gareau was hired to run theatre workshops in Saskatchewan schools through the City of Cultural Fransaskois. He retired last September.

In addition to profitably writing on the side, a quarter century ago Gareau founded an amateur theatre troupe, Theatre Oulanka. But his focus wasn't entirely theatrical.

As a historian, he has produced a history magazine for 35 years.

To boot, he's done it all in his native language.

"I've worked all my life in French here in Saskatchewan, which just goes to show that it is possible to live your life pretty much in French in the province," said Gareau, 46.

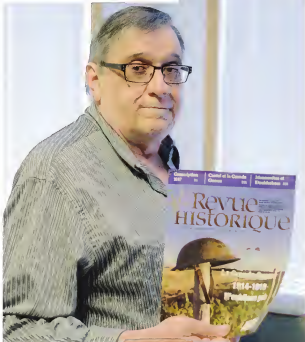
"You'll be using English when you go get gas or go to the store or something like that, but if the main language of your work is French, then you tend to associate with the French community."

♦ ♦ ♦ ♦

Gareau's great grandfather, Antoine, arrived in the St-Jovite area in 1820 and settled on a farm. His brother, Ludger, built the church, the rectory school and houses in the community of St-Jovite-de-St-Jovite, 300 kilometres northwest of Saskatoon. The church and rectory are still standing.

In the early 1900s, Antoine was hired to return to Quebec and recruit new settlers to the province.

But not all of them came from Quebec. Some hailed from France, Belgium and Switzerland. Father Louis Pierre Gravel, Sr. whom Gareau's great-grandfather named, came from New York. Other Americans from Minnesota and the Dakotas, recruited here in the late 1800s and early 1900s.



Laurier Gareau founded a variety of theatre troupes. Theatre Oulanka, over 20 years ago, grew out of this culture.

The more we can get people to understand the value of the different cultures is, to me, very important
— Gareau

They established a life here. By the 1880s, two French radio stations were running. A secret society, L'Ordre de Jacques Cartier (also known as La Patinoir), had expanded to the province after its foundation in Ontario in 1841. Gareau's father Pierre was a part of La Patinoir, whose purpose was to advance French Catholics in society, in politics and business.

But as Saskatchewan grew geographically, isolated communities fell victim to urbanization and the culture began to suffer.

Until the late 1950s. "They had their small country schools where they could keep their languages going," said Gareau. But by the 1960s, schools were consolidated and "suddenly English is becoming the dominant language."

With technology dominating farm labourers, small towns disappeared and people assimilated into urban life.

"If you know, a small town like Bellevue or Bismarck or Idora or even Greenvalley and you move into the city, chances are you won't use your French at all that much. You'll become part of the massive English-speaking community that is the cities," said Gareau.

Mixed marriages — bilinguals to Anglophones — further eroded the culture.

But it did survive, with help from the Trudeau government's and the Official Languages Act in 1988, and with the work of youth who began to fight back.

In the 1970s, the Saskatchewan French Canadian adopted the name *Francophone* with a push by private and French newspaper *L'Express* vice. In 1979, the Association des Francophones was among the first to press for the incorporation of the new identifier into its name.

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A scene from *Le Ménage à trois*, a 2005 production. *Le Ménage à trois* (l-r) Angèle Chénier, Réjean Chénier, Adrien Gosselin, Fred Gosselin, Michel Gosselin, Michel Gosselin and Julien Tardieu. All rights reserved.

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We're not in our little corner by ourselves. The company, it's one of the major theatre companies in Saskatoon, so we're part of the game. We're part of the tapestry of the culture. — Denis Rouleau

A flag was launched in 1978. Large-scale cultural and historic festivals followed. Cultural organizations were formed.

Then in the mid 1990s, "The term Francophone became a dirty word," said Gerosa, "just as the English community was starting to really accept the term."

Some people argued the term included French-speaking anglophones or recent immigrants.

"Now it's shifting to turn upon back the other way where a large new French immigration (is coming) into the province," said Gerosa. "A lot of them are very quick to identify themselves to the Francophone community which I think is very good."

Cultural powers often meet again "at home in the flesh," said Gerosa, who has two children with wife Simone Verreille, a French teacher and principal.

Son Sebastian, 21, and daughter Cassandra, 15, attended the French Ecole Monseigneur de Laflamme in Regina — Cassie is still there in Grade 11.

Though the two are more apt to live in English, said Gerosa, "I think it's a question of the time, like when you're a teenager French is not all that important. So they're going through that now too."

■ ■ ■ ■

Growing up in a French-speaking community it wasn't until he entered Grade 8 at Collegiate Mathews in Guelphburg in 1962 that Gerosa really learned English on his own. His classmates spoke the language.

Due to a childhood case of polio, Gerosa was never as ported to school. In his dad's factory and became a farmer. But farm life did influence his work, in a way.

Pierre's farmhands were Metis men from Balloch, 35 km. northwest of Bellevue, who would share stories about their basketry and heritage.

Working summers as a tour guide at Saskatoon National Historic Site allowed him to learn more.

Growing up I always had a very close link to what had happened in Ukraine in the 1930s and the rebellion and so forth," said Gerosa.

In 1978, he wrote La Saison Provinciale, which traces Louis Riel's year in Saskatchewan in 1869-70. Theatre Oskana performed it in 2011.

La Trébuchon — his "lost play" in his career — evolved thanks to it. It's a French melodrama in an English play (The Betsey) that debuted at the Saskatoon Fringe Festival in 1980, the 100th anniversary of the rebellion.

A few years later, at the request of a University of Saskatchewan French instructor, he rewrote the French version.

It was twice produced by Saskatchewan's only professional French theatre company La Troupe du Jour in 1985 and 1997.

■ ■ ■ ■

Among the 100 or so plays La Troupe du Jour has produced in its time as artistic director, La Trébuchon is one that stands out for Denis Rouleau.

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Denis Rouleau, artistic director of La Troupe du Jour, Saskatchewan's only professional French theatre company, QC Photo in association 1996

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I've worked all my life in French here in Saskatchewan, which just goes to show that it is possible to live your life pretty much in French in the province. — Gareau

"It was really well received," said Roseau.

But he couldn't call it a success — he can't survive down an absolute broke ride.

"There's different things, different shows, different adventures. Some I do not enjoy if some I have other directors."

Since Roseau began his term as artistic director in 1986, four years into the company's existence, things have changed a lot. From a stiffest volunteer organization with no office, it grew.

Roseau's first year was focused on promotion and trying to build a season that consisted of more than one show.

In the years that followed, the company received great money and was able to hire an administrative and other staff. It opened an office. Then, three years ago, La Trappe Du Jour opened its own theatre.

"It was lots of work," said Roseau. But the work is the result of a ticking gauntlet.

Growing up in Brandon, Que., Roseau always loved theatre in school.

He pursued drama in Montreal at the Université de Québec and assigned he would be an actor or director.

The theatre took him to work in Edmonton for two years. Then he went out for a job in Saskatoon, the General Edward Prentiss was hiring a drama workshop leader for students of all ages — the same job Gareau held throughout his career.

In Saskatoon, he found La Trappe du Jour.

Saskatchewan's francophone community is small, its francophone theatre community is even smaller.

Roseau tries to hire as many local people as he can, but "professionnel actors who speak French they're not a lot, so that's why every year we bring artists from outside of the province — from Winnipeg or Montreal or Quebec City," he said.

Continued on Page 14



La Trappe du Jour's play reflects on Roseau and debutant in 2005. The players are (from left) Bruce MacGowan, C. Nelson, Marie-Claire Mercier and David Gagné. PHOTOS BY RICHARD MARLIN

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If you leave a small town like Bellevue or Bonne or Edam or even Gravelbourg and you move into the city, chances are you won't use your French all that much. — Gareau

That presents a financial challenge. "Because when you bring an actor from a different province it's add to the budget," in terms of travel costs, a per-diem and accommodation.

But Rouleau doesn't see La Troupe du Jour's financial situation as any more challenging really than other professional theatre companies in the province. "It's like everybody else every company. You can ask that question to the Globe Theatre too. It's not just because we're French."

About 100 people attend a two-week run at La Troupe du Jour.

To draw a larger audience for the past five years the company has projected English subtitles above the set. The idea came from a French theatre company in Toronto through subtitles are used in opera a lot, he said.

The scheme has resulted in more English speakers attending the shows, said Rouleau. "You're French your husband's not so with the subtitles that's allowed those two people to come, to do an activity together in another language this English."

"For us, it was a way to getting new audiences and to make sure we give access to the French culture to different people."

"We're not in our little corner by ourselves. The company. It's one of the major theatre companies in Saskatchewan, so we're part of the game," he said. "We're part of the tapestry of the culture."

And why should non-Frenchspeakers attend a play to read English subtitles?

"Because it's good," he said, laughing. "Because if you love theatre, you'll love it. It's a different way to do it. The energy's not the same and of course the language. It's always an experience to see a piece of art in a different language. Sometimes it's not just a question of understanding the words, but it's to feel the mood, to feel the atmosphere."

Gareau shares that sentiment.

"The more we can get people to understand the value of the different cultures is, in me, very important," said Gareau.

enr@edmontonjournal.com
Theatre correspondent



Cost members Lester Garneau (right) and Jeff King pose during The Trial of Louis Riel. Saskatchewan's largest running stage show that re-enacts the historic Regina court-room proceedings. SUBMITTED PHOTO



Next week in QC

German-born and now proud Canadian, Violet Lochore shares her stories of the Second World War as a teenager living in Berlin

EVENTS

MUSIC

Wednesday, Dec. 18

Wednesday Night Public House in Hazelton
Burrus, 20:00 Dawdley

Wayback Wednesdays with Leah's Cabin
McCarthy's, 22:00 Dawdley Ave

The Blues
Casino Regina Show Lounge
1800 Saskatchewan Dr.

Thursday, Dec. 19

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The Schenck, 24:30 Eighth Ave

Dec 3

O'Hanlon's, 18:47 South St.

Friday, Dec. 13

Black Magic with Rev Zuzi
Le Bistro, Levee School, 20:30 Hilda
St.

Jack Phillips
VQR, 14:30 Toronto St.

Sarah Farthing
Creative City Centre
18:40 Hamilton St.

Hottel California
Explosive tribute band
Casino Regina Show Lounge
1800 Saskatchewan Dr.

Bill Dwyer Band
B p.m., The Exchange, 24:30 Eighth
Ave.

Saturday, Dec. 14

Opus Acoustic Jam
3:30-6 p.m.
Broadway's Lounge/Western Pizzeria,
1327 Broadway Ave.

One Young's
B p.m. Broadway's Lounge/Western
Pizzeria, 1327 Broadway Ave.

Angus All the Way
Crescent Symphony Orchestra Seek-
Power Family Series
Dec. 6, 3 p.m.
Knox Methodist United Church,
234-0 Victoria Ave

Hottel California
Explosive tribute band



The Tuesday Casino Regina Show Lounge on Wednesday

Casino Regina Show Lounge
1800 Saskatchewan Dr.

Burning Ice Metal/Funk
Featuring Liveup!, Hell Hounds
Watched, Let's We Fall, and Nine
Gates
The Exchange, 24:30 Eighth Ave.

Carter Pawley Quintet
The Lencorator, 4:50 Gordon Rd

Sunday, Dec. 7

Service of Lessons and Gospels
10:30 a.m., St. Paul's Cathedral, 1801
McCarthy St.

Christmas Musicians
Regina Mendelssohn Orchestra concert
2 p.m. Wayne Saskatchewan Museum,
2445 Albert St.

Wendredt Koncert
Volkslieder och herman's concert in
German and English, 2:30 p.m.
The Central Club
1217 St. John St.

12 Days of Christmas
Per Sonnetor's beloved preloved
available
3:00 p.m. Knox Methodist Church,
234-0 Victoria Ave.

Monday, Dec. 9

**Monday Night Jazz & Blues 'round
Midnight**
Burrus, 20:00 Dawdley

Weekly Green Circle
Innkeepers provided
7:30-9 p.m., The Living, Saint Centre,
2615 Dean Dr. Call Mike, 306-590-
3911

Hands on the Run
The Road's Hammer, Dee Walker
Blackjack Billy
Casino Regina Show Lounge
1800 Saskatchewan Dr.

Tuesday, Dec. 9

Hands on the Run
The Road's Hammer, Dee Walker,
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1800 Saskatchewan Dr.

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The Road's Hammer, Dee Walker,
Blackjack Billy
Casino Regina Show Lounge
1800 Saskatchewan Dr.

VISUAL ART

Richard Dawkins in the Streets
Satire, humorous scenes on hand-
worked wood with acrylic
Unit Dec. 6, Skin Fine Art Gallery,
2010 Halifax St.

**Anaëlle van Rossum, The Big Gi-
zeric**

Unique hand carved jewelry with a
Midwest-Canadiana theme
Unit Dec. 6, Slide Fine Art Gallery,
2078 Halifax St.

**North-West Stories From the Spirit
Tree**

Unit Dec. 12, First Nations University
Art Gallery

Jay Kinnel: Terms Sonnetic
Unit Dec. 19
Hague Gallery, Creative City Centre,
1814 Hamilton St.

Message: Town and Country
Works by Heather M. Cline
Unit Dec. 20, Montclair Gallery, 2706
12th Ave.

**WifPernault: In the Alley | Oms in
Reels**
A unique perspective of celebrated
Saskatchewan painter Wif Pernault
Best known for a single subject — the
everyday back alley
Unit Jan. 4, Montclair Gallery,
2473 Albert St.

**Cattle Muller: An Index of Sas-
atchewan Fauna and Other
Curiosities**
Montclair Muller will use her inter-
ests in memory, history, ephemera,
and other curiosities to guide her
curator and presentation of the
important cultural holdings of the
Dunlop and RSM
Unit Jan. 10, In Situ — Central Library,
2311 12th Ave. RND Royal Saskatch-
ewan Museum, 2445 Albert St.

**Lisa Miller: Red Carpet (and Strips
peeling: We King the Line)**
Red Carpet follows its elegantly attired
female subject as she saunters down
a seemingly endless red carpet,
swirling through an ever-shifting
Canadian landscape

Unit Jan. 10, Dunlop-Central Medi-
theque, Central Library 2311-12th Ave

**Beats and Soul Protest: Use a Protest
About Longing**

Bill Bauer's recent work dealing with
longing — for respect, for assistance,
for recognition, for a different type of
world. With tongue planted firmly in
cheek, Bauer makes overt pleas to art
world celebrities, critiquing the political
system that supports them.

Unit Jan. 10, Dunlop Art Gallery —
Central Branch, 2311-12th Ave.

**Tray Coombes: Digital Hand-
shakes**

Exhibition examines our uneasy
relationship to technology, and imagi-
nary ways it — and we — might adapt.
The artist's work is a series of digital
handshakes with various figures from
Regina-based science fiction/fantasy
Unit Jan. 25, Montclair Art Gallery,
2473 Albert St.

Contemporary Canadiana

The Artists of Scott Nicholson Fine
Arts features works of art that
reflect the essence of contemporary
Canadian life
Unit Jan. 31, Regina Centre Crossing,
1621 Albert St.

Contemporary Canadiana

The Artists of Scott Nicholson Fine
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reflect the essence of contemporary
Canadian life
Unit Jan. 31, Regina Centre Crossing,
1621 Albert St.

Available Gallery

2205 Smith St.

Open Thursday to Friday, 10 a.m. - 5:30 p.m., Saturday 10 a.m. - 5 p.m.

Naivedi Devi

#003-850 South St.
Open Thursday to Saturday, 11 a.m. - 5 p.m.

Guided Gift and Fine Arts
Oil and ink paintings by Chinese artists
Unit Jan. 10, 11 a.m. - 5 p.m.
3111 Smith St. Open Monday to Sat-
urday, 10 a.m. - 6 p.m.

EVENTS

COMEDY

Christmas Comedy
Dinner and show featuring
comedian's Dan Gully and
Michelle Shuchoway
Dec. 6, 6 p.m.
The Pump, 661 Victoria Ave. E

The Laugh Shop
Live standup every Saturday
night, 9:30 p.m.
Ramsay Hotel, 1616 Victoria
Ave.

PERFORMANCE

Charlotte's Web
Regina Little Theatre
Dec. 3-6, 7:30 p.m.
Dec. 6 matinee 1:30 p.m.
Regina Performing Arts Cen-
tre, 1077 Angus St.

The Sound of Music
Dec. 5-6, 7 p.m.
Greenall High School, Kelowna

**Words, Music & Art: An
Afternoon of Browning and
Conversation**

Music and poetry perfor-
mance, and discussions of
how words, music and art
influence each other during
the creative process. Feat-
uring Heather West-Harmon and
Windy Winter
Dec. 6, 1:30-4 p.m.
RPL, Cornwall Heights Branch, 3433
12th Ave.

**You're A Good Man, Charlie
Brown**
Unit 1 Dec. 28
Colby Theatre, 1801 South St

Silver Snowflakes
Saskatoon-Peewee Express
Dec. 8, 10-11, 7:30 p.m., Sun-
day matinee at 2 p.m.
Sask Express Theatre, 2272
Regina St.

The Vinyl Café Christmas
Stories by Stuart McLean and



Saskatoon Express presents Silver Snowflakes. SUBMITTED PHOTO

music by Chris Gaudin
Dec. 9, 7:30 p.m.
Capeau Arts Centre
260 Lakeshore Dr.

dance or sleep. First two nights
free. Dec. 4, 6-7:30 p.m.
St. James Anglican Church,
155 Empress St.

Rock Dance Party
Every Sunday
Mentally, 2226 Dewdney Ave.

SPORTS

Regina Pats vs. Brandon
Dec. 3, 7 p.m.
Sawath Centre, Regina Place

U of B Cuppers
Track and Field Friendship
series. Dec. 6, all day
Fieldhouse, 1717 Elphinstone
Regina Living Club
Saskatchewan Winter Provin-
cial Championships
Dec. 6-7, Lawson Angus Bldg.,
1717 Elphinstone St.

DANCING

Fun Dancing
Learn to square dance, round

Wednesday, 7 p.m.
Clement Odson Southland
Hall, 3025 Gordon Rd.

Drop-In Crafts and Give
Free event for youth aged 5-16
Thursday, 4-6 p.m.
Luttwake Community Centre,
612 4th Ave.

Drop-In Indoor Playground
Friday, 9:30-4:30 p.m.
South Leisure Centre, 105
Sunset Dr.

Bake A Difference
Combat bullying through
baking; spread kindness with
a cookie
Wednesday 5-7 p.m.
Sweet Ambrosia Bakehouse
230 Winberg St. N.

Build and Grow Clinics
Build a special holiday gift
for children ages 5 and up
Saturday, 10 a.m.
Loves, 4555 Gordon Rd.

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DISCOVER

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READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

SALLY MEADOWS

Love, Shania and the Whispered Wish

Do you have a dream tucked away in your heart that has never quite gone to bed? If so, my story *Love, Shania and the Whispered Wish*—one of 30 stories by Canadian authors affectionately recalling holiday season memories in *Chicken Soup for the Soul: Christmas in Canada*—will be an inspiration to you. *Chicken Soup for the Soul* stories are known to be delightfully heartwarming, and this several volume in the series proves to be no exception.

My story opens on my wedding day, and was inspired by my very first whispered wish as a newlywed. The story tells of a journey that has ebbed and flowed for almost 20 years, a journey that has survived through

the birth and raising of two children, a move across the country by multiple careers, a third university degree, disappointments, health crises and the pain of loss. It ended when in the release of my Christmas CD *Red & White in 2003*, more than a quarter of a century after I shared my heart's desire with my now husband that snowy winter day. And as my pen is duly noised, it's a story that is still being written.

Being published in *Chicken Soup for the Soul* is part of this journey



Sally Meadows

and a testimony that perseverance will eventually be rewarded. Over the last two years, I have submitted about half a dozen stories to the *Chicken Soup for the Soul* editors; been shortlisted twice, and finally with *Love, Shania and the Whispered Wish* have achieved success. Although I have written professional papers and a number of newspaper

articles in the recent and distant past, this is my first short story ever published.

And what about the reference to

Shania in the title? Well, you'll have to buy the book to find out all about it.

Chicken Soup for the Soul: Christmas in Canada (hard price: \$19.95) and my Christmas CD *Red & White* (hard price: \$22.95) are available at www.chickensoup.com/store, 300 North Robinson Road, Unit 101, Richmond Hill, Ontario L4B 3N2, Canada. Or you can buy them on Amazon.com or Amazon.ca. You can learn more about my journey on Facebook: www.facebook.com/SallyMeadowsCanada and on my YouTube channel: www.youtube.com/SallyMeadowsCanada. You can also contact me at sally@chickensoup.com. I'd love to hear your feedback!



Arny Neumann
& Janet Matthews

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#CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 Actors' Ward
3 Church hall location
10 Shady at the swimming pool
14 Skating competition entry mistake
15 Slogan of "The Big Cat"
16 Void
17 "Chilled" exponent or element
19 Actress Lollipops
20 Part of Alaska
21 Like one of a de Monteverdi
22 Close third borders dead-end
23 Comic strip meerkat
24 Grand in a town
27 "Cup of Friendship" War
28 Russia
32 Baseball player Hughes
33 Four specialists
34 As captain's mistress
35 Bird in a bush
36 With-outstanding
38 Her annual still
39 Ends Conversation n.d.
41 Very in Vevey
42 Temper
43 Wren
44 Part of a plant
45 (Pop) last
46 Plan, as a door might close
48 Flowers' contributions
50 Reasons for some short closures
52 Give being strong along
53 Dated a luncheon
54 Long-time Procter & Gamble co., with a hand to the answer to the first starred clue
55 Softly-disposed bear from myth
56 Caricature artist in a way
57 Yellow taxi

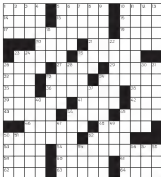


PHOTO BY JESSICA WILSON FOR THE LEADERPOST

DOWN

- 1 Travel about letters
2 Card game
3 Actual Lull
4 Small composition
5 Impudent to reach
6 Answer-seeking
7 A
8 F
9 Fading South only
10 Modern ropes
11 Coordinate with
12 Frank Sinatra's "....."
13 "Ashes"

- 11 "Kick the habit" say
12 Pressure cooker
13 Co-Redhead
14 Gump
15 Part of a census list
16 Cheeses
17 Occurs, occurs
18 Whistle of rising a TV where no
19 "Time to relax?"
20 Ancient sailors
21 Walker
22 Turn middle left
23 Grand person?
24 Gradually introduced to "it"
25 Long strengtheners

- 27 Canadian loan
28 Hockey goal
29 Lets an off
30 Calling name at Little
31 Whym
32 "You said so!"
33 Miscellaneous, as a
34 calendar
35 Women names?
36 Rock, a statue
37 Gingers
38 On-the-edge and
39 Possible for a
40 situation
41 Film
42 Part of JAMES BOB
43 Garden centers

#JANBIC
CLASSIC
SUDOKU

Lovers' Silver

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Beginner (easiest) to Silver to Gold (hardest).



Solution to the crossword puzzle and the Sudoku can be found on Page 23.

THE COPPER KETTLE
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CH
BUSINESS
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DATE NIGHT

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In The
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FASHION

ALTERNATIVE FASHION

Upcycling creates eco-friendly streetwear

By Jenn Sharp

Life can be a wild ride and no one knows that better than Saskatoon designer Steve Crowne.

Last year, Crowne was enrolled in the prestigious Blanche McDonald Centre in Vancouver but dropped out of the fashion school after the first semester. He attributes it to being "a bit lost" and struggling with some of the classes.

He came home to Saskatoon knowing he wasn't cut out for fashion academics. Instead, he wanted to jump-start a career on his own terms. He's making the design decisions that he wants (he began designing clothing in high school in 2011). His Point by Steele Crowne is a bit grungy, with a heavy dose of punk and a dash of glamour.

For the people that wear Crowne's clothing, made from vintage thrift pieces that he revamps and embellishes with his own touches (he cool kids call it up-cycling), it's all about originality. These pieces are not a style for the faint of heart — or for those over a certain age. Crowne likes to take formerly ugly or dated pieces and make his bold look.

His inspiration comes from a dark period in his life. Crowne has had plenty of struggles, but says his design inspiration now comes from God.

"I knew it's a bit like a pendulum — that's what my work is. From the dark side and from the light side. It's a yin and yang balance. I think we should all embrace the good and the bad (both). Have the potential to harness us in different ways and can make us better if we want it to."

November was a traumatic month for the 29-year-old. He recently came out to a former mentor who wasn't entirely supportive. Crowne and his boyfriend broke up soon after.

"Sometimes you latch on to people and they latch on to you and you have a very good connection and people tell you many things. You have to go with what you know from how the two of you connected, not what everyone else on the outside says. (About the two of you)."

He's rising above the drama though and



Steve Crowne creates new pieces using vintage finds he sources in thrift stores and from friends. (c) JENN SHARP FOR WHEATLAND MEDIA

throwing himself into his work.

"We (Point) has saved my life. Without We (Point) I would be nowhere. It's all I got. So wear your scepter and be proud of who you are."

Friends of Crowne's and made Brooke Cross and Courtney Lawrence rise above their favourite pieces, making in their own clothing for a show-stopping look. The question remains: Is Regina ready?

Johanna@hivedesignmedia.com
Twitter: @JennSharp13

Courtney Lawrence

HAT: Upcycled. "That's a bit there (in Saskatoon) now, there's a bunch of people doing it," explains Crowne of his favourite environmentally conscious way to re-work clothing.

BLAZER: Vintage, made by Black. "It's a nice subtle black on black look...and easy to wear."

TANK: Ganesha.

PANTS: Max.

SHOE: The Black Sheep in Vancouver.

SHIRT: Arrow-closed shirt in Saskatoon.



Brooke Cross

HAT: Steve in Midtown Plaza.

VEST: "It was a big old frames leather sleeveless jacket. I saw it and thought that's disgusting. I'm going to make it look cool," says Crowne.

It's beautiful, Crowne cut off the sleeves, changed the bottom all, added fringe and a crown crest logo.

SHIRT: Ganesha.

LEGGING: Anderson's.

SHOE: Dutch Goggles.

SKULL RING: From a store on Nelson Street in Vancouver.

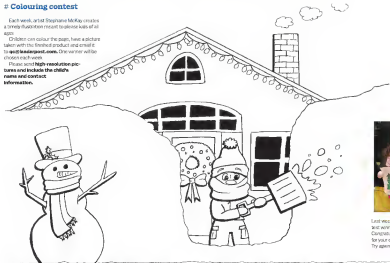
OUTSIDE THE LINES

Colouring contest

Each week, artist Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to leadreport@ic.gc.ca. One winner will be chosen each week.

Please send **high-resolution** pictures and include the child's name and contact information.



Last week's IC colouring contest winner was **Lucie Gauthier**. Congratulations! Thanks to all for your colourful submissions. Try again this week!



BACON
Portabella
MUSHROOM MELT
ON BRIOCHE

Warm, Melty Cheese,
Savoury Portabellas,
Crisp Bacon on Brioche



Wendy's

ON THE SCENE

MOUSTACHE BASH



Just over \$10,000 was raised on Nov. 29 for Regina's Prosthetic Assessment Device (PAD) at the Moustache Bash, presented by fashion designer Dean Benwick and pioneering sponsors Dr. Roberta McKay and Elmer Brenner.

"All funds raised tonight will remain in Regina and be put to good use helping to keep the men in our province healthy," Benwick told guests in the Silo-Rex Theatre at the University of Regina.

The evening featured the unveiling of Benwick's spring 2015 women's line, as well as emerging designer Anna Proszyn's Praxia Designs for spring. Praxia won the Fashion Forward Emerging Designer Award, presented by McKay and Brenner, at Saskatoon's Fashion Week in May. Colin O'Brien, Men's Shape, showcased men's fashions and the models wore jewelry by Roxanne Brown.

This was the second year of the Moustache Bash. Last year's fundraiser also raised \$10,000 for PAD.

QC PHOTOS BY MICHAEL BELL

1. Sharvith and Ajaya Dunn

2. Adam and Anna MacKay

3. Michelle Dunn and Sharon Bitt

4. Jessica Shermatcher and James Hubbard

5. Matt and Kathrin Sartorius

6. Lisa Peters, Dean

Benwick and Kaiti Lechance

7. Elnora Colley and Ross Anderson

8. Cullen Stewart and Andi Martin

9. Rick Proszyn and Nick Schaeffer

10. Roberta McKay and Elmer Brenner



WINE WORLD

SASKATCHEWAN WINE SCENE

Expand your wine palate with an Italian pick

By James Romanow

It's cold. It's dark. And the first thing you're going to do when you get home is open a bottle of red.

Unfortunately, the most popular red wine grapes come from France, specifically from the Bordeaux. They are old people grapes. Everyone in France knows that when you're old, you'll drink Bordeaux. It is expensive and rather harsh, but when you crush my son, your taste buds need more stimulation to wake up.

Popular wineries in Australia and America get around this in various ways: mostly by picking ultra-ripe grapes and leaving a lot of residual sugar in the wine. If you want to take a more natural approach, you need to think outside the boxes.

There are at least a thousand grape varieties in the world and you're shoving average. If you drink 20 of them, wine from countries that was unmarketable in life in two decades ago is now world class.

You can actually dial in the profile that you like with different grapes. Take a dash of your red, then specifically in your vine? Try Chianti. Double barrel? Then get Chianti and Valpolicella. A good wine taster to get along with your streak but not as much as Cabernet Sauvignon? Try Barbera.

This is a wine made from the Nebbiolo grape.



a sort of junior Barolo. Quite dry with some hints. It has the kind of crisp acidity that makes for a very nice food wine. It's also made with different grape strains from French grapes, and released fairly old. If you have an attempt to make a red wine you need to switch to another country's grapes. I suggest this as a great place to start.

Monaco Barbera, Italy, 2014, \$59.99 *****

There, a red volume at last. Wine gifts in Monday's paper and wine on Twitter @jromanow.

Watch For It!

Leisure Guide Winter/Spring 2015

WHAT'S IN YOUR NEIGHBOURHOOD?
Find outdoor pools, libraries, libraries, ice skating centres and much more.
p. 8

ARTS AND CRAFTS CLASSES
Whatever your age or skills, there's something for you.



Crossword/Sudoku answers

S	E	L	A	S	P	I	R	E	A	Q	U	A
F	A	I	R	E	L	L	E	N	M	U	L	L
F	R	U	I	T	S	A	L	A	D	O	I	N
O	R	A	N	T	I	B	E	T	A	N		
A	S	S	A	M	P	A	N	E	L	S		
A	L	P	O	E	G	I	S	F	A	M	E	D
G	I	L	P	O	E	T	K	O	S	O	V	O
O	B	I	N	I	T	S	O	N	K	E	N	
R	I	T	U	A	L							
A	S	S	N	E	C	O	R	E	A	N	T	
C	H	E	N	E	V	I	D	E	R	O	N	S
P	A	R	A	D	E	S						
O	P	E	N	I	T	S	I	N	T	H	E	R
O	E	K	D	R	E	S	O					
S	S	N	S									

5	9	1	8	2	4	6	3	7
6	3	8	7	9	5	2	1	4
4	2	7	3	1	6	9	8	5
3	7	5	1	4	9	8	6	2
1	6	4	2	8	7	5	9	3
9	8	2	5	6	3	7	4	1
7	4	6	9	5	1	3	2	8
8	5	9	4	3	2	1	7	6
2	1	3	6	7	8	4	5	9

Register at 306-777-5521 (24/7)

Delivery starting December 2
Registration for residents starting December 9
Registration for non-residents starting December 11

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